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**HEALTHY YOUTH
HONDURAS**



PROJECT

STRENGTHENING ADOLESCENT REPRODUCTIVE HEALTH IN HONDURAS USAID/ HEALTHY YOUTH HONDURAS

QUARTER REPORT



April 1st – June 30th 2013

Date: July 15, 2013

The preparation of this document has been made possible by the generous support of the United States Agency for International Development (USAID), under the Cooperative Agreement No. AID 522-A-13-00001. The content is responsibility of the project "Strengthening the Sexual and Reproductive Health with adolescents in Honduras "Jóvenes Saludables" (Healthy Youth).

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ACRONYMS

AJH	Alianza Joven Honduras
AHMF	Asociación Hondureña Mujer y Familia
ASJ	Asociación por una Sociedad más Justa
ASRH	Adolescent Sexual and Reproductive Health
BCC	Behavior Change Communications
CARSI	Central America Regional Security Initiative
CASM	Comisión de Acción Social Menonita
CDC	Center for Disease Control and Prevention
CDH	Centro de Desarrollo Humano
CEB	Centro de Educación Básica
CEPROSAF	Centro de Promoción en Salud y Asistencia Familiar
CIPRODEH	Centro de Investigación y Promoción de los Derechos Humanos
COMVIDA	Comunicación y Vida
COSOCITELA	Coalición de la Sociedad Civil de Tela
DHS	Demographic Health Survey
FP	Family Planning
FUNADEH	Fundación Nacional para el Desarrollo de Honduras
HIV/AIDS	Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome
IHSS	Instituto Hondureño de Seguridad Social
IPC	Interpersonal Communications
MAP	Measuring Access and Performance
M&E	Monitoring and Evaluation
MOE	Ministry of Education
PMP	Performance Monitoring Plan
MOH	Ministry of Health
MSH	Management Sciences for Health
PASMO	Pan American Social Marketing Organization
PERFORM	Performance Framework for Social Marketing and Communications
PAIA	Programa Nacional de Atención Integral al Adolescente
PNPRRS	Programa Nacional de Prevención Rehabilitación y Reinserción Social
PSI	Population Services International
RH	Reproductive Health
SRH	Sexual and Reproductive Health
STI	Sexually Transmitted Infections
TRAC	Tracking Results Continuously
UIC	Unique Identification Code
ULAT	Unidad Local de Apoyo Técnico
UNAH	Universidad Nacional Autónoma de Honduras
USAID	US Agency for International Development

I. Executive Summary

PSI/PASMO presents the third quarterly report (April to June, 2013), of the Project “Strengthening of sexual and reproductive health with adolescents in Honduras” (Healthy Youth), technically and financially supported by the United States Agency for International Development (USAID), through the Central American Regional Security Initiative (CARSI), for the period of the 12th of October, 2012 to the 30th of September, 2015.

Below is a list of the achievements reached in the **third quarter**, as well as the challenges and actions taken to guarantee achievement of results:

- Launch of the Healthy Youth Project, with participation of national and international NGOs, international cooperation agencies, Proyecto Metas Proyecto Impactos, Alianza Joven Honduras and governmental institutions (Ministry of Health/PAIA, Health Units, and Ministry of Education) among others.
- La Ceiba’s educator was hired; she began performing her duties the 3rd of June.
- Socialization of the Qualitative Study/FOCQUS protocol with partners and/or coordinators of Outreach Centers and Educational Centers, previous to the fieldwork execution.
- 6 memorandums of understanding (agreements) signed with Outreach Centers and Juvenile Networks in Tegucigalpa and San Pedro Sula.
- 318 adolescents and young adults beneficiaries of Outreach Centers and Juvenile Networks in Tela and San Pedro Sula, who have initiated the training process on pregnancy prevention, according to PASMO’s educational program, and have participated in community mobilization activities (education fairs).
- 375 teachers of educational centers located within the Healthy Youth Project’s areas of influence in the departments of Cortés and Atlántida, trained in the implementation of the Methodology Guidelines “Caring for my Life and my Health” from the Ministry of Education.
- 305 fathers/mothers educated on the various Sexual and Reproductive Health curriculums their students will receive. 269 fathers/mothers educated in educational centers educated on the “Caring for my Life and my Health” Thematic Methodology Guidelines, that their children will receive in the educational centers and 36 fathers/mothers OCs (Flor del Campo and Nueva Capital) on the themes of STIs, HIV/AIDS, modern contraceptive methods, and correct and consistent use of condoms.
- 4 educational fairs executed with participation of 103 adolescents and young adults that are beneficiaries of OCs.

In terms of financial execution, PSI / PASMO has executed a total of \$238,563.00 (including cost share), which stands a 30% of the budget for fiscal year 2013.

II. Project Context and Objectives

National Context:

With a population of 8.5 million habitants, Honduras presents the highest teenage pregnancy rates of the region (24%), and only a 14.1% of the women between the ages of 15 and 19 make use of modern methods of family planning ¹. Additionally, the population mostly affected by HIV in Honduras is the group of 15 to 29 years of age ².

In Honduras, the average age for sexual initiation in young people, from ages 15 to 24, is 14.7 years. In spite of the high levels of awareness of condom use as an effective method of HIV prevention and on how to obtain them, only a 9% of the youngsters report use of condoms during their first sexual intercourse experience and a 61% made use of condoms during their last sexual intercourse experience.³

The Ministry of Education holds the lack of education in “sexual and reproductive health among teenagers” (SRHT) in schools, as responsible for this situation. Furthering the problem even more, is the low rates of school enrollment in the country: 79.9% of the youth between aged 12 to 14 assist to school but this figure drops to a 45.2% on teenagers between aged 15 to 19. Additionally, only a 19.4% of individuals between the ages of 20 to 24 assist to educational institutions and only a 36.4% of the young people graduate from high-school. Given these low school-enrollment rates, interventions should focus on both, the young people who assist to school, especially in the group of 10 to 14 years of age, as well as the individuals that do not assist, particularly on the groups aged 14 and older⁴. Recent political changes in the country have created a suitable environment for sexual and reproductive health among teenagers. The Ministry of Health’s declaration advocates for the inclusion of SRH in schools, and the government’s position concerning the youth gives priority to the universal access to education and services in SRH for teenagers.

Project Context:

Based on the situation described above, as well as national statistics and factors, the Healthy Youth project is being developed by Population Services International (PSI) and its local affiliate, the Pan-American Social Marketing Organization (PASMO), since October 2012, and is joining efforts with the private and public sector to achieve results in SRH among teenagers and young people between 10 to 24 years of age.

The “Healthy Youth” project is supported technically and financially by the United States Agency for International Development agency (USAID) through the Central America Regional Security Initiative (CARSI) in association with the Embassy of Finland and the SUMMIT Foundation, and is being executed within the frame of the National Strategy

¹ Demographic and Health Survey (DHS) – Honduras 2011-12. INE/Secretaría de Salud / ICF International, Obtained July 13, 2013.

² Honduras Ministry of Health Powerpoint Presentation. (2011). *Teen Pregnancy (Embarazo en la adolescencia)* Comprehensive Youth Care program.

³ Population Services International/Pan American Social Marketing Organization. (2011). *TRaC study on Evaluation of healthy behaviors among youth or adolescent*. Washington, DC. Population Services International

⁴ A study by the Honduran Secretary of Education (as cited in Honduras Ministry of Health Power Point Presentation (2011).

for pregnancy prevention among teenagers that is being forwarded by the Ministry of Health.

Objective:

The project's main objective is: To improve health outcomes of teenagers (aged 10-24) in vulnerable urban and North Coast regions of Honduras, who are at-risk of unintended pregnancies STI's).

To achieve this objective, PSI/PASMO develops activities and processes framed within the following results:

- **Result #1:** To increase awareness on sexual and reproductive health among teenagers and young people.
- **Result #2:** To increase the use of modern contraceptive methods.
- **Result #3:** To reduce the rate of pregnancies on teenagers.

PSI/PASMO is implementing a Communication for Behavioral Change (CBC) campaign based on evidence to increase the awareness and use of reproductive health products and services in different “at-risk” groups through health education, and referrals to sexual and reproductive services that are youth-friendly, as well as through social communication media.

Furthermore, it is promoting and extending its Club in Connection Program aimed to the urban youth through different channels of communication. The Project has aligned its activities with the social marketing of condoms and it focuses on strengthening links to youth-friendly sexual and reproductive health products and services.

The establishment of allegiances and collaboration agreements with associates from the CARSI strategy are being pursued as they work directly with “in-school” and “out-of-school” youth; efforts are being coordinated with the Alianza Joven de Honduras (AJH) to define the relations with CARSI partners that manage the Outreach Centers (OC) “For my Neighborhood”, as well as to settle on the strategies to intervene teenagers and young adults who assist to the OCs located in the more insecure areas, within the municipalities of the Central District, San Pedro Sula, Villa Nueva, Choloma, La Lima, Tela and La Ceiba.

Moreover, PSI/PASMO is in permanent coordination with other associates such as the Ministry of Health/Integral Attention for the Teenager Program (IATP) and the Ministry of Education, “Impactos” Project, and other non-governmental organizations (NGO) like AHMF, Save The Children and Children International, among others, which is of great importance for the development of youth intervention strategies of the non-formal and formal sector of education.

III. Intermediate Results and Project Activities

The Project's work plan is structured on the basis of four categories of activities which jointly contribute to the achievement of the three defined results of this Project:

1. General Project Activities.
2. Activities directed to youths outside of the school system.
3. Activities directed to students within the school system.
4. Activities directed to youths both within the school system and outside of it.

Between April and June of 2013, PSI/PASMO, has completed the following activities to advance the achievement of results established in the program.

General Project Activities.

1. Recruitment and Development of the Human Resource Project

- With the purpose of initiating the selection process for La Ceiba's educator, a recruitment add was published in *Bolsa Virtual de Empleos/RDS*, on the month of April. This was done due to the fact that the previous employee on this post quit by the end of March. A total of 31 Curriculum Vitae were received, from these, 3 candidates were preselected and interviews were held subsequently. Finally, Yilian David was selected and he began activities on the 3rd of June. The process of induction was applied and he is already performing at full capacity.
- The workshop on agenda management, decision taking and assertiveness to be effected on the third quarter was not performed and has been rescheduled for the next quarter.
- The field intervention security plan is serving as a guideline for applying certain measures destined to aid on the daily practice by the team of educators on how to minimize the risks they face on their corresponding fields of work. This plan will be reviewed and/or adjusted after performing the security workshop which will be provided with the support of PSI.

Activities for the next quarter:

- a) Workshop on agenda management, decision taking and assertiveness with the team of educators of the Healthy Youth Project.
- b) Workshop based on gender focus for the PASMO personnel.
- c) Training workshop on the information system management (SAM).
- d) Training workshop on safety, provided by PSI.
- e) Workshop on sexuality with the team of educators of the Healthy Youth Project.
- f) National retreat to evaluate the first fiscal year and planning of the second fiscal year (2014).

2. Program planning development for each of the three years of implementation.

- During the current quarter, 6 technical meetings were held with the Project's team of educators/technicians, to plan and monitor the execution of the Project's work plan, and advances and limiting factors on achieving definite objectives in the PMP, while simultaneously analyzing the approach to unschooled young adults due to the fact that in the current approach strategy, it has been substantiated that beneficiaries of Outreach Centers and Youth Networks are located within the formal educational system, which represents an obstacle for our advances with this population group. PASMO is redesigning said strategy with the purpose of reaching our goals and be approved by USAID.
- In regards with the PMP, a revision of the gender violence indicator was performed during this quarter. The indicator will be redefined based on the information provided by USAID, with the purpose of having an indicator that agrees with the Project's requirements of measuring the impact on this area.
- PASMO/Healthy Youth is permanently applying the guidelines of the branding strategy and the Healthy Youth Project's instruction manual in each of the productions being made, for instance, the Program "En Conexión Radio", which will begin transmission in the beginning of the fourth quarter.
- CARSI meeting convened by USAID. The Healthy Youth Project's Country Manager and the Program's manager participated as well as managers/directors from other partners. In this meeting, process advances and results that each partner has obtained were presented as well as challenges and plans of action. It was a very good opportunity to strengthen alliances and collaboration between CARSI partners.
- In the month of May, a meeting with USAID partners was held to socialize the quarterly advance report (January to March). Representatives of ULAT/MSH, CDC, Ministry of Health and PASMO participated. This meeting was conducted by USAID; several coordination mechanisms between partners were identified and limiting factors were analyzed. PASMO/Healthy Youth Project made a commitment to coordinate with ULAT/MSH on the gender topic for helping to improve the focus being used on the Project with direct collaboration from ULAT's expert on this matter.

Activities for the next quarter:

- a) Monthly technical meetings to plan monitoring of the Work Plan.
- b) Monitoring of the advancement of PMP indicators and revisions of gender based violence.
- c) Quarterly meeting with USAID associates.

3. Creation of strategic alliances.

Between April and June, a follow-up was performed on the coordination initiated with the OCs directed by Alianza Joven Honduras and Youth Networks supported by the Proyecto Impactos. Diverse activities were done to strengthen strategic alliances between PASMO/Healthy Youth Project and partners who are aiding in the creation of spaces to perform activities on, with in municipalities where the Project is being developed. The main activities performed are detailed as follows:

- Negotiation and signing of mutual collaboration agreements between PASMO/Healthy Youth Project and CARSI partners.

During this quarter, three coordination meetings were performed, among others, with the group of directors from Proyecto Impactos. In these meetings, work strategies from both institutions were socialized; advances were made known, on pregnancy prevention activities initiated with youth networks in Tela (COSOCITELA), Atlántida and Youth Networks that work in San Pedro Sula with directions from the Comisión de Acción Social Menonita (CASM).

PASMO has begun to perform training activities based on the Educational Program of Teen Pregnancy Prevention with COSOCITELA (Youth Networks from Colonia Grant and Tornabé), CASM (Community Rehabilitation Committees from Colonia Jesús R. González/San Pedro Sula) and Children International (Rivera Hernández sector). This Program is developed in 40 hours distributed in complete or fractioned workdays and its processes vary with each Youth Network.

Within this very same coordination, PASMO participated in a meeting convened by FUNADEH, where Impacts' partners from the north assisted and the opportunity to socialize the Healthy Youth Project arose. This helped to generate areas of communication and a better understanding of the partners' role from Proyecto Impactos and PASMO respectively. In the end, it gave way to identify new opportunities of mutual collaboration.

Additionally, communication with the CDH (Centro de Desarrollo Humano in Tegucigalpa), who has participated, through a Technical Facilitator, in some of the activities that PASMO has performed in the Nueva Capital OC, with the purpose of learning our work methodology with the youths. During the next quarter, the

Memorandums of Understanding between PASMO and Proyecto Impactos, COSOCITELA, CDH, CASM, will be signed. They will specify commitments and actions to perform by both partners by means of youth networks; also, PASMO will continue coordinating with CIPRODEH (Tegucigalpa), CEPROSAF (La Ceiba) and FUNADEH (Choloma), to find opportunities to create a relation that leads to implementation of pregnancy prevention activities to be applied on these areas on the next quarter.

The most important result is that both projects confirmed their disposition to continue collaborating and making a contribution to the achievement of mutual objectives

within the CARSI Strategy framework. The materializing of coordination with Proyecto Impactos is of great importance in this joint effort to improve the social conditions of beneficiary populations that reside within overlapping areas of influence for both Projects.

During this quarter, different coordination and follow-up meetings with the team of directors and technicians from Alianza Joven Honduras/AJH, partners and Outreach Centers coordinators from Valle de Sula, Tegucigalpa and La Ceiba.

The Director and Sub-director of AJH participated in two meetings and along with PASMO, advances and limitations were analyzed with regards to attracting the unschooled young adult population. This being a priority for the approach that PASMO has defined in its Project, and with the purpose of resolving this situation, specific meetings were agreed to be performed with partners and coordinators of OCs from the cities of Tegucigalpa, Valle de Sula and La Ceiba, to enable deepening in this analysis and to identify new mechanisms that enable pulling in unschooled young adults, and that the training processes of pregnancy prevention may benefit from it.

The AJH directors and OCs expressed their willingness to continue supporting PASMO so it may complement any formation processes that the AJH is executing within the CARSI initiative framework. PASMO has continued making efforts to ensure the attraction and approach of the unschooled population and thus achieve the pre-established goals of the Project.

- Three coordination meetings with technical assistants from AJH, partners and OC coordinators were performed during this quarter, in San Pedro Sula 22 people participated (8 males and 14 females); in Tegucigalpa 12 people participated (4 males and females); both meetings were used to socialize the Healthy Youth Project, emphasizing on the strategies that PASMO is following to work on pregnancy prevention with teens and young adults (schooled and unschooled).

In the meeting on Tegucigalpa, advances were made known with the OCs of Tegucigalpa (Flor del Campo, PNPRRS, Nueva Capital and San Martin). Also, limiting factors on achieving an agreement to work with the Nueva Suyapa OC were analyzed (the coordinator has expressed his willingness to help PASMO perform its activities, with previous authorization of the Associate/ASJ).

AJH has informed that the San Martin OC has resumed its activities (this OC was closed during the month of May and June due to the increase of violence in the area) and the new coordinator was introduced, who along with PASMO, will maintain communication to enable the execution of scheduled activities agreed upon with the associate (María Auxiliadora - Salesianos Parish), and that the Zapote Norte OC has already begun its activities which is why the intervention points will begin to be defined in association with this OC's coordinator.

In San Pedro Sula's meeting, advances obtained with the Valle de Sula (Japón and Los Ángeles) and López Arellano OCs (whom with a memorandum of

understanding has already been signed and field activities will be initiated promptly) were socialized. Additionally, alternatives to attract unschooled young adults were explored, to have them participate in the training processes on pregnancy prevention.

Partners as well as OC coordinators confirmed their commitment of gathering teenagers and young adults between the ages of 15 and 24, of both genders, that are not in the formal educational system and without jobs. PASMO will support the educational entertainment strategy through conformation or strengthening of theater groups in the different OCs.

As a way to optimize resources, PASMO requested groups of at least 50 teenagers and young adults for each OC who are not currently in school, to be able to perform its interventions on pregnancy prevention.

In conclusion AJH, partners in Tegucigalpa and Valle de Sula OCs, are willing to continue with the support and participation of actions that PASMO is offering to contribute in the improvement of the teen and young adult pregnancy situation, through enabling of spaces, population and support in general.

In La Ceiba, PASMO participated as a guest in the meeting with OCs and the opportunity was given to socialize the Healthy Youth Project, introduce the new PASMO educator, this enabled to perform, on some occasions, joint visits with the AJH technical assistant, direct visits to OCs by PASMO's educator, and planning based on realities and OCs' dynamics. The first workshops will be performed on the following OCs: Las Mercedes, San Judas, San José and La Melgar, while the next steps with the Búfalo, Armenia Bonito, Primero de Mayo and Suyapa OCs, are defined. Simultaneously, memorandums of understanding are being elaborated according to negotiations made with each of them and their signatures are expected for the next quarter.

As a product of this quarter's coordination, 6 agreements (memorandum of understanding) were signed. Also, preparation and training activities with teenagers and young adults from the following OCs were initiated: Children International (Rivera Hernández sector, SPS), Japón (Col. Japón Choloma), Los Ángeles (Aldea El Carmen, SPS), López Arellano (Choloma), Nueva Capital (MDC) and Flor del Campo (MDC), in some cases training and community mobilization activities have already begun and are developing very well and in the particular case of the Lopez Arellano OC, they will begin on the next quarter.

As an example, for the Memorandum of Understanding Signature between Children International and PASMO, a small event was held where the following assisted: representing PASMO Julio Zúniga (Country Manager), Marco Tabora

(Supervisor); for Children International: Blanca Rodríguez Director), Jael Rodríguez (Program Director), Armando Palomo (Health Coordinator), Carlos Quintero, (Facilitator); from PAIA, Dr. Karla Castro (Chief of PAIA) and Maribel Navarro (PAIA). The director of Children International expressed her satisfaction for signing this agreement with PASMO since she considers that professional

relationships between these two institutions are very similar and that a great commitment is present on both technicians.

A frequent situation that presents itself in OCs is the limited number of young people available due to the fact that by their dynamic, they don't stay for long periods and they are not available in a constant manner. Even when this situation varies among OCs, PASMO proposes to extend its interventions to neighborhoods surrounding the OC, always searching for youth outside of schools and to develop community mobilization activities using an artistic focus that motivates unschooled young people even more to participate and expose themselves to the messages of pregnancy prevention.

With Save the Children's Youth Community Centers supported by the European Union (Villa Franca, Villa Cristina, Buenas Nuevas, and Alemania); PASMO was not able to negotiate the implementation of the Project, Save the Children's Program Manager informed PASMO that the organization is presenting a proposal to USAID that will include sexual and reproductive health themes. Save the Children suggested that PASMO intervened within the target zone through education centers.

Elaboration and agreement signing of mutual agreements between PSI/PASMO and other strategic partners (SESAL, Education, AHMF).

With the Health Ministry and specifically with the PAIA, there has not been any signing of agreements (memorandums of understanding); nevertheless coordination has continued in view of the fact that there is a new Chief for the PAIA, communications were made to socialize the Healthy Youth Project and to give follow-up to initiated processes.

Likewise, the Health Region in Cortés, Metropolitan Region of San Pedro Sula, Hospital Mario Catarino Rivas, Health Units from La Lima and Choloma, are participating in coordination activities with the Health Units to help the reference system's functions for youth-friendly health services.

The different actors showed interest to support PASMO in this effort that they consider an important opportunity to extend the work being done in teenage pregnancy prevention; the Healthy Youth Project was socialized while coordination mechanisms were identified to support the execution of community mobilization activities and the start of a referral system for youth friendly health services within areas where they exists and function; and in those communities where these services are nonexistent, the nearby Health Units were identified where they are available and which PASMO will make referrals to, based on the service types offered in each Health Unit and to their working schedules to ensure satisfaction of demand.

The service referral template was finalized and after July this reference system will be utilized to refer adolescents and young adults to youth friendly health services and other available health services in adolescents' communities.

In regards to coordination with the Región Metropolitana de Salud de Tegucigalpa, PASMO has continued searching for the space and time to hold a meeting for the Project's socialization and to coordinate with Health Units/Youth Friendly Health Services located within the areas of influence of the Project in the Central District Municipality.

In view of the fact that the Chief of the Región Metropolitana de Salud de Tegucigalpa was substituted, a new process of socialization for the Healthy Youth Project was performed with Dr. Wilson Mejía, and with support of Maribel Navarro Technical Assistant of PAIA; Dr. Mejía made the commitment of searching for a date to hold a meeting with the chiefs of Health Units located in the Project's areas of influence. PASMO is giving follow-up to this commitment and is hoping to perform this activity to proceed in making the referral system for youth-friendly health services into a practical reality including others that, although they don't offer the same services, may also give attention to beneficiary youths of the Healthy Youth Project.

Due to the fact that in La Ceiba and Tela, educational activities are initiating with adolescents and young adults of each OC and Juvenile Network, restart of coordination with Health Units that offer youth-friendly services to adolescents, has been programed, most of all because the new educator has just incorporated to her job, during the next quarter, the referral system will have begun.

During this quarter, PASMO participated in 3 meetings with the Technical Panel of Adolescents, convened by the Dirección General de Promoción de la Salud and PAIA, the objectives of these meetings were to elaborate a work Plan within the framework of the Reduction of Teenage Pregnancy with participation of organizations that make up this working group, to socialize the process of reform in the health sector with members of the Technical Panel, and to discuss the pregnancy prevention plan for adolescents and to submit institutional profiles.

During this meeting, an agreement was made to unify efforts to support fairs (which are performed by the organizations conforming this technical panel) with a pregnancy prevention thematic. The UNFPA socialized the idea of producing and divulging a campaign on pregnancy prevention in a joint effort of all the organizations participating in the Technical Panel; subsequently the chief of PAIA sent the reference terms to these organizations so they can offer their input and so that a consensus exists in the development of the future campaign.

Activities performed within the Ministry of Education's coordination framework.



*Meeting to plan teacher workshops with
Representatives of Department Offices of Cortes and
Student Services Direction*

During this quarter, several meetings were held with the Dirección General de Servicios Estudiantiles through the Unidad de Juventud, Población y Salud, who helped in obtaining agreements with the Department Administrations of Cortes and Atlántida and at the same time, to initiate the gathering process for teachers in both departments to implement the “Caring for my Health and my Life” Methodology Guidelines. Both department educational directors, their technical team and teachers staff, which participated in the workshops developed

during this quarter, have shown a high commitment level in developing the subjects in each grade and to offer children, adolescents and young adults, the information and learning that will help them to make better decisions in relation to pregnancy prevention, HIV and STIs prevention, as well as carrying messages of important related topics that aid in the improvement of the formation process for life and for bettering the students’ health. The Ministry of Education has provided PASMO/Healthy Youth, the methodology guidelines used for the training of teachers.

- Creation of a partner organization network on the subject of SRH.

PASMO has been able to elaborate a directory of institutions that are working in areas prioritized by the Healthy Youth Project, with the SRH thematic on adolescents, and that offer health services and in some cases legal and psychological services for adolescents and young adults within the areas of influence of the Healthy Youth Project. The biggest advance in coordination with these organizations has been made with the health institutions and NGOs.

- Design of a support package aimed towards SRH service providers.

Through different meetings with the Health Regions’ personnel in Cortés, Tegucigalpa, Tela and La Ceiba, PASMO has been able to compile a list of topics such as: Integral Attention for adolescents (pregnancy prevention), learning of the norms of attention for adolescents and gender violence prevention and also, the emotional skills and communication skills to handle teenagers and young adults. Nevertheless, PASMO has planned to perform a documentary investigation, that includes in-depth interviews with normative level personnel from PAIA, Health Units and other members (decision makers), which will serve as a basis for a support package design aimed to providers of youth-friendly Sexual and Reproductive Health services.

- Legal work to enable PAIA to establish clinics for adolescents in places where there are no SRH services for the youth.

As a follow-up to the legal work activities to aid in the establishment of clinics for adolescents in the areas of influence of the Healthy Youth Project, from April to June,

two work tours were made to Valle de Sula with the new chief of PAIA (Dr. Karla Castro), technical assistant of PAIA (Maribel Navarro) and the technical team of PAIA/Metropolitan Region of San Pedro Sula, with the purpose of socializing the Healthy Youth Project with the staff from Regions and Health Units related to PASMO's field of work with the purpose of identifying and executing mechanisms for improving integral attention services for adolescents, or their creation. These advances are explained below:

- A meeting was held with the Health Region director in Cortés, Doctor Alma Barahona, and Mrs. Alicia Ortiz, (Liaison to the PAIA of the Region of Cortés) along with PASMO representatives, Julio Zúniga Country Manager, Marco Tábora Supervisor, Karla Castro Chief of PAIA, and Maribel Navarro Technical Assistant (PAIA).

The Healthy Youth Project was socialized at this meeting and Dr. Ortiz acknowledged the importance of implementing these initiatives in the Department of Cortés due to the high rates of teen pregnancy. Her opinion was favorable in regards to coordination between institutions that work with the same goal of reducing pregnancies on the young population. She made emphasis in the importance of creating alliances to strengthen actions aimed to adolescents and young adults.

- The clinics for Adolescents located in Hospital Mario Catarino Rivas, Centros de Salud de Choloma, La Lima, and Centro de Salud López Arellano, were visited with the purpose of presenting the Project and commitments were established from both parties to initiate work with the referral system for adolescents and young adults that are beneficiaries of the Healthy Youth Project. All partners that were visited manifested their interest and openness to support the work that PASMO is performing.

PASMO, made a commitment as well as PAIA, to support the Choloma Health Center on a committee revitalization of the organizations that work with young people in this municipality, and to support coordination of activities aimed to prevent pregnancies on teenagers.

The Health Center in Colonia López Arellano is one of the centers with most needs and limits, the chief, informed that the teenager pregnancy rate is high (more than 50% according to statistics), they demand support for pregnancy prevention actions for young people, PASMO will define jointly with the Health Center, educational centers and OC, the plan of action within each instance and in the community level. It was concluded that it is necessary to create these alliances between the López Arellano OC, the Pagan Lozano Institute, the Mayor's Office and other organizations that are working in said neighborhood to join efforts and achieve better results in regards to this situation. PASMO will give follow-up and will support these initiatives.

In La Lima's CESAMO, they expressed the need for PASMO's support to access high-risk residential areas and to be able to coordinate social mobilization actions, such as health fairs, to promote health services oriented to adolescents and young

adults, PASMO will give follow-up to this request and will initiate coordination to plan and perform supporting activities for this CESAMO.

- Meeting with representatives of the Metropolitan Region of San Pedro Sula, where the following participated: representing the Metropolitan: María Suyapa Moreno, Martha Paz, and Tirsa Coto, for PASMO Julio Zúniga, Country Manager, Marco Tabora PASMO supervisor, for PAIA, Karla Castro Chief of PAIA, and Maribel Navarro. In the same way, there is a lot of interest in the Healthy Youth Project and to establish coordination with PASMO, the representatives of the Atención Integral a la Familia Program expressed openness to give priority to services for adolescents. PASMO will participate in meetings with the Technical Working Group of Adolescents in the region of San Pedro Sula.

During the visits and meetings performed it was observed that in most Health Units located in areas where the Project is being executed, there are no youth-friendly services available.

PASMO, in consensus with the Ministry of Health, held a work meeting in Choloma with representatives of PAIA/Department Region of Cortés and the Pagan Lozano Institute, with the purpose of establishing specific lines of coordination that help define support and collaboration mechanisms to aid in decreasing the adolescent pregnancy rate in the area, through the work of the clinic for the adolescent, to which Karla Castro, chief of PAIA, manifested her willingness to collaborate with in the adaptation and adjustment of a space for the clinic for adolescent services to work on. Also, an agreement was made to involve the Mayor of Choloma to enable the construction of an adequate space where the clinic for the adolescent may work on; PASMO is committed to continue supporting actions and ideas of this nature to improve services for adolescents in the areas of influence of the Healthy Youth Project.

In order to promote "En Conexión Radio" Program, promotional poster will be distributed at Health Units in various zones in San Pedro Sula and Cortés. Revisions were made to the reference card that PASMO will utilize to refer young people to Health Units so they can receive prompt sexual and reproductive health services.

PASMO is performing incidence actions with PAIA and Health Regions with the purpose of opening spaces of discussion and analysis to achieve improvement and/or creation of these services. It was noted that the health staff that performs on these Health Units, possess a high level of conscience and concern on the situation of teenage pregnancy and at the same time a lot of disposition to intensify actions in the matter of pregnancy prevention for adolescents.

- Monitoring and evaluation of actions defined in the agreements.

During the course of the third quarter, PASMO has given a permanent follow-up to the representatives of the Ministry of Health (PAIA, Health Department Regions and health Units), Education, CARSI partners (AJH, CDA, and Juvenile Networks) and other important partners to achieve the goals of the Project.

PASMO, through country managing, continues performing its efforts to identify the specific support to those Health Units that lack an adequate space to work with the youth-friendly health services for adolescents and information systems.

Activities for the next quarter:

- a) To sign memorandums of understanding (Agreements) with OCs, Juvenile Networks, SESAL, Education and AHMF.
- b) To perform meetings with partner organizations in the theme of SRH to ensure the proper functioning of the referral system to youth-friendly health services between PASMO and other partners.
- c) To continue the legal work that will enable PAIA to establish and improve attention clinics for adolescents.
- d) To continue coordination with Health Units to implement the reference system.
- e) To begin the process of performing the documentary research with help of the health providers.

4. Launch of the Healthy Youth Project:

On the 5th of April the Official Launch of the “Healthy Youth” Project was performed. Among its main participants were: the honorable ambassador of the United States of America Mrs. Lisa Kubiske, Doctor Roxana Araujo Minister of Health, Mrs. Judith Heichelheim, Representing PSI/PASMO and Mr. Julio Zúniga, Country Manager/Honduras.



Participants in the Health Youth Project's Launch

205 representatives participated from different institutions like national and international NGOs, international cooperation agencies, Proyecto Metas, Proyecto Impactos, Alianza Joven Honduras, governmental institutions (Ministry of Health/PAIA, Health Units, Ministry of Education, Fondo Hondureño de Inversión Social (FHIS), Instituto Nacional de la Mujer (INAM), Fuerzas Armadas de Honduras, Programa Nacional de Prevención, Rehabilitación y Reinserción Social) religious sector, Asociación Hondureña de Municipios de Honduras, Unidad Local de Apoyo Técnico (ULAT), AIDS Forum and educational centers. Additionally, 25 representatives of communication media (spoken and written press) assisted.

Nearing the official launch date of the Healthy Youth Project, PASMO received a visit from USAID in San Pedro Sula, where Julio Zúniga, Country manager of/PASMO Honduras, participated, along with Allan Palma, coordinator of Behavioral Change Communication, representing USAID, Diana Acosta, Health, Population and Nutrition Office and Héctor Medrano Development Outreach & communication specialist.

In this opportunity, a demonstrative transmission of the “En Conexión Radio” Program was made, which is a PASMO/Healthy Youth production aimed towards teens and

young adults to help in the prevention of teenage pregnancies. The program was transmitted live from the basic educational center Gilberto Pineda Madrid located in the Carmen sector in SPS. Multiple calls from the young population were received where they made comments on their experiences and consequences of handling pregnancies at a short age, how to prevent them and ways of communication between parents and children in regards to contraceptive methods.

Activities for the next quarter:

- Technical guideline elaboration for radio programs in the fourth quarter.
- Radio Program transmission, on Saturdays (12:00 pm to 1:00 pm).
- Workshop for strengthening guideline elaboration abilities and management of a live transmission.

5. Strategic information (development of research that offers recollected information scientifically to make correct decisions in the program).

Qualitative Investigation: The primary objective of the qualitative study FoQus Segmentation is to understand adolescents' knowledge, attitudes, and practices of sexual and reproductive health. These findings will be used to strategically design specific strategies that will positively impact adolescent and Young adult's sexual and reproductive health through the promotion of healthy practices and reduction of gender based violence.

Due to uncontrollable external factors the qualitative study has been developed slower than planned. The recruitment process was developed according to plan and approved by PSI's ethics committee, but they did not have the necessary participants to complete the focus groups. The recruitment process has been changed to giving recruitment information directly to adolescents. This protocol was approved by PSI's ethics committee. From June 2013 this new recruitment process has produced positive results and we have recruited a greater number of willing participants, all from formal education institutions.

To date we have recruited 11 males and 23 females in San Pedro Sula and 21 males and 34 females in Tegucigalpa. In La Ceiba recruitment is still in process.

Quantitative Investigation (TRAC): The design of the TRAC study has been submitted and approved by PSI's ethics committee in Washington, DC. The study has been presented to USAID, the Secretary of Health who have approved the study design. The search for an investigation agency that will be in charge of data collection has begun. Five agencies have sent their proposals under PASMO reference terms (Ipsos, CID Gallup, Mercaplan, UNIMER, and DICHTER & NEIRA). A team has been formed of PASMO Honduras personnel and the investigation team from PASMO Regional to revise proposals and determine the best economic and technical option.

Healthcare Providers Investigation// Archetype Designs of Providers of Sexual and Reproductive Health Services for Adolescents, in the third quarter it was not possible to further advances in the investigation design, this process will begin in the next quarter.

Activities for the next quarter:

Qualitative Study:

- Develop focus groups in the three cities.
- Process and analyze collected information from the focus groups
- Elaborate archetypes

TRAC Study:

- Evaluate proposals sent to agencies selected to evaluate TRAC information.
- Select the investigation agency.
- Sign the contract and begin field work.
- Execute work plan according to protocol.

Qualitative study with providers:

- Select and hire a consultant to complete a documentary investigation with health providers in Healthy Youth Project's target zones.
- Finalize the design and begin collecting information for the documentary investigation with health providers.

Activities directed to the youth outside the educational system.

6. Methodology review, adaptation and/or design and intervention strategies for unschooled young adults.

Progress has been made in reviewing and adapting the guideline methodology according to the defined educational plan for interventions with unschooled teenagers and young adults, (PASMO Educational Modules), we are still working on this task, due to the fact that PASMO is currently performing the qualitative and quantitative studies that will be used as base line for the Healthy Youth Project, these results will feed the educational plan which will later be updated. The reproduction of materials for educators and change agents will be done later as a support for future replicas with peer youths.

In the third quarter PASMO/Healthy Youth started interventions with teenagers and young adults, beneficiaries from the outreach center (AJH) and Juvenile Network (Proyecto Impactos), the methodology that is being developed has been participatory and ludic.

The different activities performed with the outreach centers and juvenile networks, is defined specifically with every single instance, while always respecting time availability from the participants. In some cases these activities are done during the weekends and in other cases in working days depending on the circumstances. PASMO maintains its compromise and willingness to respond the necessities of each group of teenagers and/or young adults.

It is important to mention that in those outreach centers that are led and/or administered by the Catholic Church, the partners have not accepted that subjects such as modern contraceptive methods be treated or included. However, PASMO/Healthy Youth incorporates these subjects through community activities (fairs, festival, theater), that of course are coordinated with the partners.

As part of the Healthy Youth results, there are indicators intended to measure the increase on the use of modern contraceptive methods for example, for this reason, PASMO continues to open up more opportunities to address these subjects with unschooled young adults within prioritized communities and through mechanisms that may facilitate the integral development of sexual and reproductive health.

For training the change agents (peer methodology) in the OCs and/or Juvenile Networks, possibilities are currently being analyzed through the knowledge of the groups that have begun to participate in the training workshops; since this population has a special dynamic in the sense that there is a high rotation of teenagers and/or young adults, which affects the dynamic and limits the capability to systematize interventions to the different groups. PASMO/Healthy Youth makes its efforts to adapt to the different realities in the OCs that work in the prioritized communities.

Even though PASMO/Healthy Youth is performing training processes in the OCs and Juvenile Networks to contribute to the integral approach of teenagers and young adults in the context of prevention of violence, and that there is much motivation and interest from the partners and beneficiaries for the implementation thereof; limitations on the approach to the “unschooled” population have been found (the term **unschooled** means that currently the teenagers and young adults are not attending to the formal educational system), now beneficiaries of OCs and Youth Networks with whom PASMO has developed its activities are from both enrolled and not enrolled in the formal education system and that PASMO has initiated the capacity process with teachers from education centers in the target regions. Another limitation is that OCs reach to adolescents and young adults is limited.

In the view of the above PASMO is redesigning the approach strategy for unschooled young adults in the different municipalities and among the alternatives are to increase social mobilization activities (concerts, artistic shows) with teenagers and young adults in the priority zones defined by the Project Healthy Youth.

Activities for next quarter:

- To continue with the methodology adaptation and/or design (will be ended with the results of the Quantitative study) and intervention strategies of unschooled young adults.

7. Performance of educational activities with unschooled young adults (or out of school).

- **Conferences, workshops, youth educational meetings in OCs, community centers and juvenile networks.**

During the third quarter, PASMO carried out several educational activities with different beneficiary groups of teenagers and young adults as follows:

In the Central District (Tegucigalpa-Comayagüela)

○ Flor del Campo OC

According to the work plan established with the OC-Flor del Campo with direction from the OC Coordinator (Katherine Pavón) and approval of the Programa Nacional de Prevención, Rehabilitación y Reinserción Social “PNPRRS”, PASMO initiated the training process with teenagers and youth in the following way:

Two training workshops were performed, 4 hours each one, it involved aged between 16-22 years. In the first workshop, mothers and fathers attended. They asked to participate on the workshop in order to understand and know the subjects and methodology that PASMO applies regarding sexual and reproductive health. At the end of the workshop, they expressed that they agreed with the participation of their sons and daughters in the process.

The topics developed during the workshops were: sexuality and gender (anatomy and function of the male and female sexual organs, human reproduction, responsible procreation, sexual identity, and social and sexual roles) and contraceptive methods. Participation of the youths was very active, they made a lot of questions and the topic seemed to be interesting for them.

According to the initial results of the evaluation applied to the participants, they had a wrong idea about contraceptive methods, they had never talked with their parents about it, and so the activity was important and necessary to contribute with new learning and a better attitude in the participants.

There was also an educative fair in Colonia Flor del Campo in coordination with the Health Unit, teenagers participated in the fair, and the topics discussed were: pregnancy prevention, STIs, HIV/Aids, and Family Planning.

Also ludic games were conducted in coordination with demonstrations that showed the right way to use a condom; the youth participating were highly motivated just like the Health Unit staff that provided psychological attention and vaccine assistance to the participants. In the next quarter, activities will continue to be executed according to what is defined in the understanding memorandum.

Nueva Capital OC,

An understanding memorandum was signed (May, 2013), by coordination with de OC-Nueva Capital. This OC is located in Colonia Nueva Capital in the Central District Municipality and managed by the partners Father Alexis Melgar and Fray Alexis Zúniga representatives of the Quasi Parish Virgen de la Paz. The memorandum specifies the activities that PASMO will be performing in order to contribute with the training process for the prevention of teenage pregnancy.

According to the information provided by the coordinator, the beneficiary population of the OC from Nueva Capital is about 180 teenagers and young adults.

To be able to begin with the training process, the OCs coordinator, invited teenagers between 12 - 24 years old because the people that visit the OC are not segmented by age for each activity. The workshops were performed in a general way for the teenagers invited, as follows:

- Four workshops were carried out, each one 4 hours length. The topics developed were: sexuality and gender (anatomy and the function of the sexual organs of man and woman, human reproduction, responsible procreation, sexual identity, social and sexual roles); STIs and HIV prevention, HIV testing, prevention of transmission from mother to son or daughter; teenage pregnancy (biological and psycho-social changes, risks and consequences from teenage pregnancy) and courtship (types of dating, identifying violent situations, pressures in dating, dating stages, love foundations).

In this process (4 workshops) teenagers participated all of them between 13-24 years old. Initially, the youngsters seemed to be shy; however, once they started to interact, they started to show more enthusiasm, motivation, interest and curiosity. The youths were able to discuss and freely express themselves without fear and in a trustful environment.

The following illustrates some discussions that took place among the participants during the workshops:

The participants had only had heard the term STD, however, they did not knew how they were transmitted, or how to prevent them nor the consequences of having an STD. This was the reason why emphasis was placed on increasing the risk perception in the group.

A question from a teenager was: "is it right that men do not have a bladder, only women?" for it was the first time that he participated on a sexuality workshop. This kind of concerns and doubts were cleared out in order to leave them with the right ideas.

The group was not really aware about the vulnerability degree that can be related to gender roles. For example, an open question was launched: Can a woman being at home and being faithful to her husband get HIV? They all answered that she was not at

risk. For this reason, the issue was discussed and analyzed with the group, and emphasis was made about risk perception.

In all four workshops, a participatory methodology was applied, and the topics were developed with educational techniques that motivated teens to participate and continue to participate in the process. About 20% has been constant throughout the process, the rest of the group has been variable, that is to say, different teens on each workshop. Because of this, the educators on the Juvenile Network Project have identified the teens that have not finished the process, so that they may receive all the topics addressed in the OCs.

An educational fair was also performed in Colonia Nueva Capital, with coordination of the Health Unit from El Carrizal, Proyecto Impactos and Alianza Joven Honduras. It counted with participation of teenagers, young adults and some family mothers and fathers. The information offered was about topics such as pregnancy prevention, STIs, HIV/Aids, family planning and violence prevention (managed by AJH).

Given that the partner has not given its approval for the educational program that is being developed with young adults to include modern contraceptive methods, the OC Coordinator has committed to influence both the Father and the Fray, so that they authorize these subjects with sexually active young adults (Dania intends to address the contraceptive subject for she considers that the youths need to have complete information about it so that they may be able to make better decisions in the future).

The next quarter training activities will continue to be developed with both groups and new teens will be identified to involve them in the training process and community mobilization activities.

San Martin OC,

Located in Colonia San Martin from Comayagüela, and led by the partner “María Auxiliadora Parrish” (Father Foster Cerda); progress has been made in the socialization of the Project, and the consensus of the educational proposal that PASMO will be developing for preventing teenage pregnancy. The educational proposal negotiated does not include modern contraceptive methods, as the partner requested PASMO not to address this subject and to respect their philosophy.

According to information provided by the coordinator of the OC, it was observed that most of the teens and young adults from the OC are currently attending to an educational center in the area. The understanding memorandum is being reviewed by the partner and the new OC Coordinator. For the next quarter monitoring will be done to accomplish the signing of the memorandum, so that it may be able to begin with the educational process and the community mobilization activities. This process was interrupted in April because the OC was closed due to the wave of violence in the zone, but now the OC has been reactivated. The understanding memorandum has been signed and the training activities defined on the memorandum will begin next quarter.

- Also, in coordination with COMVIDA/UNICEF, an educational fair was performed in the community of Guanololo/OC involving young adults. The young adults present, received messages about pregnancy prevention, correct and consistent use of condoms, contraceptive methods and HIV prevention. COMVIDA/UNICEF thanked PASMO for their cooperation and the people showed much interest on the topics addressed in the fair. The community of Guanololo (Road to Olancho) was unaware of most of the information provided about the correct use of condoms and contraceptive methods.

Valle de Sula OCs:

Japón OC

An understanding memorandum was signed (April 2013) by coordination with OC-Japón. This OC is located in Colonia Japón in Choloma and led by the partner Municipal Program for Childhood and Youth-COMVIDA. The memorandum defines the actions that PASMO will be performing in order to contribute with the training process for prevention of teenage pregnancy. By the time the memorandum was signed and according to the information provided by the OC Coordinator, the beneficiary population of the OC-Japón is 200 teens and young adults.

Subsequently, the OC coordinator made the call for teenagers from 10-12 and 13-15 years and organized two groups that performed the following activities:

- The group from 10-12 years participated in two training workshops were performed of 4 hours each one. The topics addressed were: sexuality, gender and courtship, delaying the onset of sex and HIV prevention. All participants attend to an educational center in Colonia Japón.
- The group formed teens 13-15 years; two training workshops were performed of 4 hours each one. The topics addressed were: sexuality, gender and courtship, delaying the onset of sex and HIV prevention. Of the participants, 5 are currently attending an educational center and 11 have already finished elementary school and are not currently studying.

In both workshops, participatory methodology was applied, and the topics were developed with educational techniques that motivated teens to participate and continue participating in the process. In the next quarter the training process with both groups will come to an end and with the coordinator's support new teen groups will continue to integrate and develop with them similar processes. In addition to this, it was noted that children are very interested in learning more about teen pregnancy issues.

The children from both groups showed more interest than men on dating issues and violent situations that may occur during a dating relationship. They also expressed that it was new for them to know that there may be other ways of violence besides physical violence. The pregnancy topic caused discussion among them, since they know many

cases in the area where they live. As a result, the opportunity arose to discuss the risks of early pregnancy and the consequences for the mother and the newborn.

They also showed much interest when the advantages of delaying the onset of sexual intercourse were explained, and it was also given the opportunity for participants to share some of their ideas about their life plan.

The next quarter training activities will continue to be developed with both groups and new teens will be identified to involve them in the training process and community mobilization activities.

Los Ángeles OC,

An understanding memorandum was signed by constant communication of this OC and its partners Monte María Church and Filadelfia Church. This OC is located in Aldea El Carmen in San Pedro Sula. Also an understanding memorandum was signed (April 2013) by coordination with OC-Los Angeles. This OC is located in sector el Carmen in San Pedro Sula and led by the partner Colonia Los Angeles board. The memorandum defines the actions that PASMO will be performing in order to contribute with the training process for prevention of teenage pregnancy. By the time the memorandum was signed and according to the information provided by the OC Coordinator, the beneficiary population of the OC-Los Angeles is 280 teens and youth registered on the system but are not segmented by gender.

Since the date of signing of the memorandum, the OC is being remodeled and planned activities have not been performed. According to the OC Coordinator, the reopening will be in July and by August she will be able to make a methodology plan to initiate the activities.

López Arellano OC,

An understanding memorandum was signed (April 2013) by coordination with OC-López Arellano. This OC is located in Colonia López Arellano and its partner is Nuestra Señora de Suyapa Parrish. The memorandum establishes the responsibilities of both parts and specifically defines the actions that PASMO will be performing in order to contribute with the training process for prevention of teenage pregnancy. The training process will begin in July and community mobilization activities will be performed in Colonia López Arellano. Unschooled young adult attraction mechanisms are currently being redesigned, because most of the beneficiary young adults from this OC assist to educational centers and will be addressed by the teachers through the application of the guidelines “Caring for my Health and my Life”.

OCs in La Ceiba:

During the month of June, coordination of OCs in La Ceiba has been retaken. Several meetings were held with technical assistance of Alianza Joven Honduras and OCs’ coordinators. The socialization of the Healthy Youth Project was achieved and for the next quarter, and it is expected to have progress in the training and community mobilization activities.

Juvenile Networks in Tela:

In order to be able to perform training activities with teenagers and young adults from the Juvenile Network in Tela, San Pedro Sula y Tegucigalpa, coordination with Proyecto Impactos/COSOCITELA has continued. Important advances were achieved in Tela and San Pedro Sula such as is described below:

Training process with teens from Tornabé and Colonia Grant in Tela initiated with the support and consensus of Impactos, COCSDA Director and Proyecto “Nuestra Vida, y enlaces de redes comunitarias juveniles” Coordinator implemented by COSOCITELA. With both groups the subjects of sexuality, dating and gender (anatomy and the function of the female and male sexual organs, human reproduction, responsible procreation, sexual identity, social and sexual roles) were addressed.

Juvenile Network in Colonia Grant, there were teenagers involved between 14-20 years old. This was the first experience for the group in a sexual and reproductive health workshop. The participants showed a little shy at the beginning of the activities, but later they became interested and involved with greater motivation. When consulting the participants about their interest in continuing to assist to the workshops on pregnancy prevention, HIV/STIs, they expressed their willingness to continue. The workshop counted with logistic support from Gladis Acosta (Juvenile Network Link).

Juvenile Network in the Garifuna community of Tornabé teenagers participated, the youths were willing and showed much interest on the subject, they had previously participated in educational processes on this subject and it was noted that some of them have knowledge and are capable to express them with simplicity and without fear.

Some of the participants are already mothers, so it is recommended to emphasize on subjects such as modern contraceptive methods and correct and consistent use of condoms in the following workshops.

The workshop counted with logistic support of a young woman from the Juvenile Network. One of the limitations was that not all of youths invited showed up to the workshop. In the next quarter, young adult training processes will continue with both networks and those networks in Colonia 15 de Septiembre and the community of Triunfo de la Cruz, with whom negotiations for an educational offer to pregnancy prevention has already started.

Juvenile Networks in San Pedro Sula:

Juvenile Networks-CASM, during the month of June, PASMO performed the first teenagers and young adults training workshop from the Colonia Jesús R. Gonzalez, Rafael Leonardo Callejas, Bordo Gavionin San Pedro Sula with support from Impactos’ and CASM. The activities were coordinated with Erika Murillo and Luisa Santos. The workshop lasted about 6 hours each day.

In the workshop, teens and young adults participated. The topics addressed were sexuality, gender and dating and delaying the onset of sexual intercourse. The young people had an active participation in the activities.

The workshop counted with logistic support from CASM representative (Erica Murillo). One of the limitations was that initially, the activity was planned for 40 young people (according to the call made), but only 28 showed up.

Children International, Children International, located in the Rivera Hernández sector. An understanding memorandum was signed in the month of June where Dr. Karla Castro and Maribel Navarro participated on behalf of PAIA. The first activity performed was a health fair in which about 80 teens and young adults were involved. Fun games took place just like discussion groups about HIV, STIs, family planning and teen pregnancy.



Signing of memorandum between PASMO and Children International/ Project Impactos, June 2013.

PASMO will continue to open spaces to expand attention coverage for young adults, specially unschooled ones, through FUNADEH (Choloma), CEPPOSAR (La Ceiba), CIPRODEH and CDH (Tegucigalpa), all supported by Project Impactos.

The following table presents the captured populations from the OCs and Youth Networks in Tegucigalpa and San Pedro Sula through capacity workshops and education fairs.

Table 1: Youth Population intervened in OC or Youth Network in various activities.									
April to June, 2013									
Source: SAM/PSI/PASMO									
OC or Youth Network name	Youth In school			Youth Out-school			Total		
	Female	Male	Total	Female	Male	Total	Female	Male	Total
Flor del Campo/AJH	2	3	5	13	24	37	15	27	42
Nueva Capital/AJH	14	15	29	54	52	106	68	67	135
CDA Japón	13	32	45	9	9	18	22	41	63
CASM/Impactos	0	0	0	19	9	28	19	9	28
COSOCITELA/Impactos	13	7	20	27	3	30	40	10	50
Total	42	57	99	122	97	219	164	154	318

- Identification and training of young leaders as Change Agents (as it applies for each OC).

The process for training change agents (peer methodology) has not started yet because in the OCs and Juvenile Networks, trainings on pregnancy prevention is just beginning and the education team from PASMO is still working on grouping and consolidating participants. This will allow the team to familiarize with the group better and to be able to understand the chances of putting into operation the peer education strategy through change agents that according to the methodology previously defined by PASMO, requires greater engagement and continuity on the processes.

Moreover, the young adults' migration affects the continuity and limits the performing of systematic processes with the beneficiary population. In the next quarter new opportunities will be identified with young adults from the OCs that have shown motivation, availability and desire to participate in the leaders training process.

- Methodology review for young adults out of school (educator support and change agent).

Recreational-participative activities for unschooled teens and young adults are currently under review and redesign. With these activities, it is intended to promote healthy behavior, through follow up activities that change agents will perform with the accompaniment of educators, and to be able to contribute to better results on change of behavior on the beneficiaries of the Project. The performing of educational activities on Change Agents and the future replicas with the target population (multiplier effect among peers) will be initiating next quarter.

Activities for the next quarter:

- To perform training workshops and community mobilization with OCs, Juvenile Networks in Tela, San Pedro Sula and Tegucigalpa addressing subjects according to the educational program and the initiated process with OCs and Networks.

8. Educational activity monitoring with unschooled young adults (according to the monitoring plan):

During this quarter, several monitoring activities were performed in San Pedro Sula's OC's and youth networks. The supervisor of Communication for Behavioral Change and the Program Manager made monitoring visits to specific educational activities with the purpose of observing and giving feedback to the team of educators for a continuous improvement in the processes they are performing.

Activities for the next quarter:

- To monitor activities with youths in OCs, Juvenile Networks and educational Centers.

9. Identification and creation of support groups for teenagers, fathers and mothers

Within the operational plans elaborated by trained teachers in the use of the “Caring for my Health and my Life ”Methodology Guidelines, activities oriented to fathers and mothers were included, for example meetings for guideline socialization and other participation activities within the framework of the educational community of each center. According to the monitoring performed in Valle de Sula four educational centers held socialization activities with fathers and mothers (Villanueva and La Lima). Also, in some OCs, identification of fathers and mothers interested in supporting and/or accompanying their children to activities has begun; this will allow them to learn and better understand the situation and risks of teens concerning pregnancy, STIs and HIV.

Activities for the next quarter:

- Meetings with fathers and mothers in OCs, Juvenile Networks and educational Centers.

Activities directed to youths inside the educational system

10. Revision and adaptation of strategy and intervention methodology.

According to results from the Qualitative Study and TRAC that PASMO will perform, a comparative analysis will be made between the study results and contents from the Methodology Guidelines, with the purpose of identifying gaps in the approach method that teachers are using. In case it becomes necessary, PASMO/Healthy Youth Project will elaborate materials specifically aimed to strengthen processes being executed in educational centers. Additionally, the training, support and follow-up strategy will continue to be implemented on teachers from municipalities prioritized by the Healthy Youth Project.

As part of the support offered to agents of change that are formed in educational centers, a delivery and training will be applied for the use of educational material that will serve them as tools to perform educational replicas with their peers. Within the training for agents of change, the topic of communication skills and peer education methodology will be included, with the purpose of guaranteeing the work they will have under their responsibility with support from the Healthy Youth Project’s educator team.

Activities for the next quarter:

- a) To conclude the definition of strategy and intervention methodology aimed towards the youth inside the educational system, this strategy will be revised in the end according to results from the Qualitative Study and TRAC.

11. Interventions in educational centers or alternative educational programs.

- To continue socializing the Healthy Youth Project and the work strategy with principals and teachers in prioritized educational centers.

In this quarter, several meetings were held with the Ministry of Education, and the Student Services General Administration through the Youth, Population and Health Unit, which helped in obtaining agreements with Department Administrations of Cortés and Atlántida and from that point, the training process with teachers from both departments began to implement the Methodology Guidelines, “Caring for my Health and my Life”.

Training began with teachers from educational centers in the areas prioritized by the Healthy Youth Project in Cortés and Atlántida; while in the Central District Municipality, authorization from the Department Director for Francisco Morazán is still expected to initiate this same process. The training sessions for teachers in Tegucigalpa and Comayagüela are scheduled for the fourth quarter.

- Identification and training of Agents of Change (Educators/peers) to be trained.

The formation process of agents of change (peer methodology), has not been performed due to the fact that the implementation process of the “Caring for my Health and my Life” Methodology Guidelines has recently begun in educational centers. This process will be executed jointly with PASMO’s educator team and teachers, they will select leaders so they may participate in the training of agents of change that will subsequently perform replicas with their peers, while being supported by PASMO’s educators.

In the next quarter, opportunities will be identified with youths from educational centers that due to their motivation and availability may wish to participate in the leader formation process.

12. Strengthening of educational actions performed on educational centers.

- Coordination with the Ministry of Health to plan and execute training activities with parents and teachers.

During the months of May and June and in coordination with the General Direction of Student Services from the Ministry of Education, Department and District Directions of Cortés and Atlántida, PASMO/ Healthy Youth began the

process of training teachers for implementation of the “Caring for my Health and my Life” Methodology Guidelines, through intensive training workshops with a duration period of two days. This process was performed with technical support of 10 representatives of the Department Direction of Cortés and 9 representatives of the Department Direction of Atlántida.



Training workshop for teachers, La Ceiba, Atlántida

During this quarter, a total of 375 teachers (72 males and 303 females) were trained on both departments, through which PASMO/ Healthy Youth Project expects to make advances to achieve the pre-established goal with unschooled adolescents and young adults, even when it is required to continue the effort of training teachers, and to give follow-up for making the implementation of guidelines an effective reality.



Teachers from CEB from Choloma, trained in the implementation of methodologies guides "Cuidando mi salud y mi vida"

The topics discussed were: objectives and precedents of the Methodology Guidelines, STIs, HIV/AIDS, anatomy and function of the male and female reproductive organs, gender, teenage pregnancy, contraceptive methods, correct and consistent use of the condom (including a demonstration of the steps to take for a correct and consistent use of the condom), special laws of HIV/AIDS and opportunity equality; knowledge and management of guidelines. The methodology applied was practical and participatory.

During workshops and in general, there was much participation and controversy when the subject of sexuality and gender was approached, especially on anatomy and



Representative from the Departmental Office of Cortes speaking to teachers from the municipality of La Lima, Cortés

functioning of the female reproductive organs, for example chuckling and whispers were observed when an image of the female reproductive organs was projected, one of the teachers manifested, with surprise, that her reproductive organs were unknown to herself. In the topic of laws of equality of opportunities, one of the teachers expressed that: "a pregnant teenager cannot be reintegrated to her corresponding school year without restrictions, that is what the night shift is for."; this concept is representative of the lack of knowledge and sensibility in the face of the reality that these teenagers go

through reality that these teenagers go through in the country, this person also showed disagreement with this law, nevertheless, most of the teachers expressed that it is important that every teacher has awareness and is informed to have a positive influence on young people, who in their majority, are exposed to pregnancy situations, STIs and HIV. In the end, they were satisfied, motivated and thankful for the thematic that was

discussed.

As a result of these workshops, an individual commitment was obtained (signing of a commitment act) from each of the teachers to implement the Methodology Guidelines and to help in the multiplying effect on the other educational centers where they work at.

Each educational center elaborated a yearly operational plan where they specify activities related



Transmission of the teachers workshop in La Ceiba through TNS

to the subject of Sexual and Reproductive Health to be developed during the year 2013.

PASMO/Healthy Youth is committed to support social mobilization activities for the community, as well as educational fairs established on the operational plans in coordination with each Educational Center.

During the month of June PASMO has given follow-up to trained Educational Centers in the sectors of Villanueva, and La Lima; as a result of these visits, it was confirmed that Villa Nueva's Educational Centers (Centro de Educación Básica José Trinidad Cabañas, Escuela Gabriela Mistral, Escuela Luis Bográn) and Centro de Educación Básica Mirtha Torres de Mejía (La Lima) are already implementing the methodology guidelines with their alumni, thus showing, the level of commitment acquired by the teachers in the topics of Sexual and Reproductive Health. Previous to the start of the Program "En Conexión Radio" that PASMO will transmit through the XY Radio Station, promotional activities were executed with the distribution of fliers in educational centers that have already been trained in Valle de Sula.

EDUCATIONAL CENTERS TRAINED IN VALLE DE SULA AND LA CEIBA

N°	Educational Center	Place	Registration of 4º. a 9º. grade			Training Teachers		
			F	M	Total	F	M	T
1.	Centro de Educación Básica José Trinidad Cabañas	Villanueva, Cortés	384	182	566	14	1	15
2.	Escuela Gabriela Mistral	Villanueva, Cortés	201	97	298	16	2	18
3.	Escuela Minerva	Villanueva,	332	185	517	15	7	22
4.	Centro de Educación Básica Mirtha Torres de Mejía	La Lima, Cortés	435	228	663	21	1	22
5.	Instituto Alfonso Hernandez Cordova	La Lima, Cortés	576	533	1109	37	15	52
6.	Escuela Republica de Japón	Choloma, Cortés	123	66	189	7	1	8
7.	Escuela Maria Antonia Crivelli	Choloma, Cortés	242	112	354	15	4	19
8.	Centro de Educación Básica Republica de Honduras	San Pedro Sula, Cortés	411	183	594	17	1	18
9.	Centro de Educación Básica Presentación Centeno	San Pedro Sula, Cortés	654	371	1025	44	9	53
10.	Escuela Luis Bográn	Nueva Chamelecón, San Pedro Sula, Cortés	107	57	164	7	2	9
11.	Instituto Copantl	San Pedro	438	309	747	15	9	24

		Sula, Cortés						
12.	Instituto Modesto Rodas	San Pedro Sula, Cortés	634	522	1156	27	8	34
13.	Escuela Policarpo Paz García	La Ceiba, Atlántida	116	117	233	11	5	16
14.	Escuela Gustavo Adolfo Alvarez	La Ceiba, Atlántida	33	25	58	8	1	5
15.	Escuela Marco Antonio Ponce	La Ceiba, Atlántida	43	50	93	11	1	12
16.	Centro de Educación Básica Juan Pineda Carías	La Ceiba, Atlántida	72	114	186	29	5	28
17.	Escuela Francisco Regis	La Ceiba, Atlántida	72	93	165	9	1	9
	Total		4,873	3,244	8,117	303	73	376

In Tela, workshops with the teachers have been programmed for the end of the month of July.

In the Central District, authorization from the Department Administration has not been achieved, nevertheless, PASMO, with help from the General Direction of Student Services, specifically with Unidad de Juventud Población y Salud, continues to search for the opportunity with this instance and to obtain authorization so that teachers in educational centers that are located on prioritized areas by the Healthy Youth Project, can get training on managing and implementing the “Caring for my Health and my Life” Methodology Guidelines, with the purpose of exposing adolescents and young adults to information in a systematic and prolonged way.



Meeting introducing “Cuidando mi salud y mi vida” toparents in education fair in the Basic Education Center Luis Bográn, Chamelecon, SPS, Cortés

The selection process of agents of change will be performed on the next quarter in educational centers that are currently implementing the “Caring for my Health and my Life” Methodology Guidelines with their student population.

- To initiate the design process and planning of internal campaigns in educational centers.

On the third quarter, PASMO performed the design of the Program “En Conexión Radio”, which is also being promoted in those educational centers where teachers have been trained, with the purpose of having the students listen to the program and to help strengthen their understanding of pregnancy prevention, STIs and HIV.

The Agents of Change trained by PSI/PASMO in the framework of the Summit Foundation Project and the Finnish Embassy continue to carry out educative activities with their peers in education institutions. From October to March 2013 these Agents trained a total of 512 youth in a minimum of 4 themes. The 5,923 youth reported in the

Second Quarter Report were captured through massive single events and no through consecutive education activities.

These activities include replication education chats including education in themes of STIs and HIV prevention, contraceptives (including the correct and consistent use of the condom) and gender relations (Annex 1).

Activities for the next quarter:

- a) To continue the Training process in La Ceiba.
- b) To begin the training process with teachers in the Central District Municipality.
- c) To monitor and accompaniment of activities in Trained Educational Centers on the Departments of Cortes and Atlántida.
- d) To initiate training of Agents of Change.

Activities directed to youths inside as well as outside the schooling system.
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13. Design of campaigns integrated in massive media and social networks.

PASMO-Healthy Youth is currently making use of social networks like Facebook and Twitter, as a tool to maintain communication with adolescents and young adults interested in acquiring information on different subjects related to PASMO's daily activities and especially with regards to sexual and reproductive health. It's an interchangeable meeting place open to the public, where young people express their ideas and needs concerning a variety of topics. Improvement on the Facebook page is underway, to be able to reach a larger number of teens that may interact with the cyber-educator.

14. Radio program development.

During this quarter, the design of the program "En Conexión Radio" was performed and the Program's structure was defined, as well as the scripts and definition of contents that are much related to subjects presented in PASMO's educational program. The purpose of this is to disclose key messages that strengthen knowledge, attitudes and habits of adolescents and young adults with regards to teen pregnancies and STIs and HIV prevention.

The program's hosts were selected and a technical induction was performed with regards to the structure, contents/key messages, style, time, practice mechanisms and the program's general development. In April, PASMO received a visit from USAID representatives within the Launch event framework of the Healthy Youth Project, and a demonstrative program transmission was performed so that the USAID team could observe the program's concept and dynamic. They expressed their satisfaction with the performance.

The negotiation with the XY Radio station concluded, a schedule and calendar of transmission was defined, as well as the mechanism to be used for the Program's

production, Radio XY suggested the participation of a professional radio speaker that works at the station (for free), with which PASMO agreed and was very thankful and he will make a good counterpart for the corresponding educator representing PASMO.

The program will be transmitted at a schedule of 12:00pm to 1:00pm, every Saturday.

Activities for the next quarter:

- Design of fliers and a poster for promoting the Program “En Conexión Radio” on OCs and educational centers.
- Distribution of fliers and posters.
- Elaboration of scripts (1 per Saturday).

15. Design and execution of social mobilization actions.

A social mobilization plan was elaborated for the months of March to September 2013, especially focused on areas where OCs and Juvenile Networks are located, especially programmed according to opportunity and time availability from behalf of the Outreach Centers. These events were planned and executed in coordination with the Ministry of Health and CARSI partners (See Section-Activity 7 on this report).

16. Street or Community Theater strategy.

An identification, selection and training process was initiated with a group of youngsters (volunteers) from the Alfonso Hernández Córdova Institute of San Pedro Sula, 3 training workshops have been performed and the group was able to stage the “Sin Sentido” theater play. The adolescent participants are very interested and motivated to continue participating and having opportunities to act and convey pregnancy prevention messages to other young individuals inside and outside of the institute.

Advances were made in the puppet definition to begin the manufacturing process, seeing that these puppets become an educational entertainment resource with adolescents and young adults inside and outside of school.

The theater group training program is already designed and in the next quarter PASMO will continue advancing with this strategy according to the advance and interest that is shown by educational centers, OCs and Juvenile Networks concerning the training processes for beneficiaries, including also, the interest and availability of the youths. Theater plays will be performed in educational centers, outreach centers and social mobilization events according to previous arrangements with the partners.

Activities for the next quarter:

- Training workshops on popular theater in Tegucigalpa, San Pedro Sula and La Ceiba.

17. Friendly sales points.

The following was achieved with the collaboration of the PASMO sales department, new sales points have continued to be identified in the geographic areas prioritized by the Project:

- Visited 16 new sales points (pulperías, markets y warehouses) operating in prioritized zones (around outreach centers and education centers)

During each visit business owners were informed about the Health Youth Project's developing activities and if permitted the "You have it, ask for it" poster were hung. The poster is part of PASMO/Regional's campaign: "You have it? Ask for it: the best condom is always at hand"; the objective of the campaign is that youth will be able to easily identify and become familiar with condom sales points and will receive adequate service supporting them in their condom purchase when necessary. In the cities of La Ceiba and San Pedro this monitoring activities with be completed in the following quarter.

Activities for the next quarter:

- Training of the Project's educators in handling and sales of condoms.
- Opening of new condom points in prioritized zones and maintenance of those existing points in prioritized areas of Healthy Youth.

18. PASMO Regional Office and PSI technical support and supervision (includes trips of personnel to Honduras):

In the month of June in Guatemala City, PASMO Honduras participated in a strategic meeting on sustainability and the importance of the initiative: La Red Segura Sustainability Summit. The meeting took place over two and a half days and 30 leaders from PSI Latin America participated.

Meeting content included: marketing, new product development, presentation of human resources services and the creating of institutional capacity to develop a 5 year strategic plan to guarantee sustainability in the Red Segura franchise. Julie McBride of PSI Washington participated, as well as a technical expert in the theme of network services and management of social franchises. The meeting was an important force of PSI's new Business-in-a-Box model.

Concrete points discussed in the meeting:

- 1) Elaboration of a strategic plan outline for 5 years for the Red Segura; 2) Elaboration of a work plan for 1 year for Guatemala Regional Office and each country, to aggressively implement the strategic plan.

PASMO Nicaragua, Guatemala and El Salvador have been working in the theme of Red Segura for various years. Red Segura is a form of Social Franchising in which various healthcare providers affiliate in a network and provide health services (focusing in

Family Planning). In the case of Honduras, our office was interested in furthering our understanding of the other Central American countries and evaluate if we could replicate various parts of the network, especially the strengthening Secretary of Health's clinics' health services for adolescents and possible incorporation in the private sector such as NGOs.

The participating team was formed by Honduras (Julio Zuniga and Perla Alvarado) together with colleges from the Dominican Republic and El Salvador, visited three communities to further understand the experience of Red Segura in Guatemala.

In this period the Regional Office of PSI/PASMO, will bring assistance to PASMO/Honduras/Healthy Youth Project in the qualitative and quantitative investigation "Tracking Results Continuously"/TRAC, and design and develop promotional materials. The PSI/PASMO team of investigators will systematically help the technical PASMO team in increasing capacity and abilities in this area.

Regional Office will also aid PASMO adapt the Activities Monitoring System (SAM) to the needs of the Healthy Youth Project. New fields have been designed to guarantee that all the necessary information will be collected and processed.

IV. Monitoring and Evaluation

During the third quarter from April to June 2013, monitoring actions and evaluations were under the responsibility of the Country Manager, Program Supervisor and Communication Supervisor for Behavioral Change.

With regards to teacher training activities, monitoring was performed in the field by the Country Manager, these workshops were the ones corresponding to Villanueva, La Lima and Choloma educational centers. One of the limiting factors was that in some cases (La Lima) teachers from the Alfonso Hernández Córdova Institute were not completely convened by the District Direction, Country Manager (Julio Zuniga) held a direct meeting with authorities from the Department and District Administration to analyze the situation and to search for improvement mechanisms for managing future workshops programmed for training teachers working in educational centers within the prioritized areas of the Project.

Another situation observed within the performed monitoring is that in some cases, there was absence on behalf of the teachers, even while having the presence of educational authorities, these cases were also analyzed and control mechanisms requested by the representative of the Cortés Department Director of Education were defined. These situations are expected to be resolved in the workshops and thus achieve the training process objectives.

On the other hand, in collaboration with the PSI-PASMO office in Guatemala, and in view of the fact that the System of Activity Monitoring (SAM) was updated, changes and/or adjustments were made based on variables that according to the processes

and indicators of the Healthy Youth Project, are needed to make an activity, processes and results registry, according to the technical approach of the Healthy Youth Project, and to obtain reports of what is being done.

Activities for next quarter:

- To perform monitoring activities and evaluation of the Healthy Youth Project.
- To elaborate measuring instruments for indicators (PMP) included in the Gender indicator.
- Revision and/or adjustment of goals according to the intervention Strategy between Schooled and Unschooled.
- Training of the technical personnel for SAM management.

V. Challenges and Proposed Solutions

During the third quarter the main challenges encountered are the following:

- A few limitations have been found in the approach to intervening youth who are not enrolled in the formal education system. It has been found the majority of participants in intervention with Outreach Centers, Youth Networks are youth enrolled in the formal education system. PASMO has initiated a training process in the same geographic regions with these centers as trainings with education centers, this means PASMO is doubling its efforts in order to intervene with the same population. PASMO is replanting this strategy in various municipalities.

On OCs supported by religious partners, the subjects related to family planning are not being discussed, this limits the access to information that adolescents and young adults must have to prevent premature pregnancies; nevertheless, PASMO is including these topics in educational fairs that have begun to be held in the Project's geographic areas with the purpose of letting the beneficiary population of these OCs be exposed to at some occasion, to the complete information. This mechanism will be expanded through massive outreach events in the communities and through the "En Conexión Radio" Program.

- Physical spaces on some OCs are quite minimal and this hinders the application of participatory methodologies by the educators. The search for other communitarian spaces must be deepened to help in the development of workshops within better educational conditions.

VI. Coordination with other Partners

During this quarter PASMO performed different collaboration efforts with other partners who have objectives common to the Healthy Youth Project in regards to pregnancy prevention among teenagers, these are detailed as follows:

- On the month of April, PASMO participated in the Festival Walk “Lets live in peace for Honduras”, organized by the PASS Program, with the purpose of joining efforts to promote and divulge a peaceful culture. The walk was held in Boulevard Morazán. On behalf of PASMO, 3 educators and 15 voluntary youths from the Basic Educational Center Miguel de Heredia participated.

The youths presented murals alluding pregnancy prevention. In this walk were also other participants such as CARSI partners, AJH, Outreach Centers, Youths Against Violence, Save the Children, Proyecto Impactos and World Vision among others. The event concluded with an artistic presentation where the young people participated.

- A coordination meeting was held with the UNFPA representative, PASMO's country Manager participated as well as the Program's Manager, the Healthy Youth Project was socialized, the UNFPA representative explained the processes being performed in the departments of Atlántida, Colón and municipalities from the Lenca Route. Coordination opportunities were analyzed jointly with both institutions. The UNFPA in agreement with the Minister of Education will begin the adaptation of the “caring for my health and my life” methodology guidelines from the printed version to a digital one (these guidelines will be re-designed) so that subsequently, teachers can have access to a virtual platform for their own training and guideline implementation. The UNFPA representative (Mr. Hugo González), requested PASMO permission to make use of the quantitative research protocol (TRACK)/PASMO to be able to extend and complement said investigation in the geographic areas where they are performing interventions, PASMO is consulting with the Regional office/Guatemala and PSI's Ethics Committee to respond and execute the next steps. It is of great importance and favorable for the teen pregnancy prevention initiatives to achieve synergy and complement these interventions.
- PASMO/ Healthy Youth collaborated with the health fair execution in the Normal Mixta School in Tegucigalpa, organized by the Coalición de Abogacía por los Derechos Sexuales y Reproductivos de Adolescentes; a PASMO facilitator supported these educational activities directly on the subject of sexual and reproductive health with emphasis on pregnancy and HIV/STIs prevention.
- Support was given in the educational fair with emphasis on teen pregnancy prevention in the community of Guagololo/MDC, in coordination with COMVIDA/UNICEF/MDC, 63 participants assisted (41 males and 22 females); the youths received messages on pregnancy prevention, correct and consistent use of the condom, family planning methods and HIV prevention. With regards to the subject of unschooled young adults that may become part of the training process of pregnancy prevention, COMVIDA and the National Program for Violence Prevention and Social Reinsertion promoter, it was concluded that PASMO will open communications with the PNPPRS to coordinate concrete actions that lead to identifying unschooled young adults within the areas prioritized by the Healthy Youth Project.

- PASMO is participating in the formation process for teenagers and young adults (aged 24 or less) that enables strengthening their political influence abilities which is performed by the Programa de Liderazgo Joven en Salud Sexual y Reproductiva Go joven/Coalición de Abogacía por los Derechos Sexuales y Reproductivos de Adolescentes, through an assigned educator and a young volunteer.
- A meeting was held with the Instituto Hondureño de Formación Profesional (INFOP), with the purpose of learning how the formation process Works with the youth and to identify attraction opportunities of unschooled young adults that reside within the geographic areas prioritized by the Project and to define coordination mechanisms for the development of activities aimed towards pregnancy prevention.

VII. Gender Component

PSI/PASMO, based on the Gender Strategy, has begun the treatment, approach on the subject of prevention of gender violence, and gender equality in all of its activities with teenagers, young adults, fathers, mothers and teachers, who are developing their activities on interpersonal communication, community mobilization and massive media, with the help of PASMO through script designs for the radio Program “En Conexión” which will be aired every Saturday starting the 6th of June through the XY station broadcasted nationally.

Additionally, a meeting was held with USAID/Honduras with the gender specialist and consultant, due to the development of a baseline to obtain information on project advancements in regards to gender equality; representing PASMO the Program manager and Supervisor in Tegucigalpa participated, the requested survey was sent to USAID previously.

Some of the aspects discussed in the meeting and according to the survey that was applied were related to the existence of a specialist in this matter, the understanding of the gender policy and feminine empowerment of USAID and obligatory indicators of gender equality and violence prevention based on gender among other subjects, the inter-institutional coordination being done and male and female needs derived from roles in the components that the Healthy Youth Project works on.

Suggestions (at that moment) consisted on PASMO making a revision of the Law of Equal Opportunities, National Plan, OPS Gender Strategy, and gender indicators that USAID possesses, afterwards, to make a new revision and adjustment were it necessary on the gender indicator that the result framework of the Project is suggesting.

Activities for the next quarter:

- Review of the project’s gender equality indicators as well as prevention of violence based on gender.
- Training on the gender thematic for the whole PASMO-Honduras team.
- Coordination with the Ministry of Health/Gender Department.

VI. Financial Report

Below is table on the implementation of the budget for the funds committed for the first fiscal year. The implementation of the budget has been low considering that work has been concentrated during the quarter 1, 2 and 3 in planning activities.

The strong implementation of the "Healthy Youth" Project will concentrate from third quarter fiscal 2013.

Description	USAID	Cost Share	Total
Total funds obligated at beginning of quarter /year	\$400,000.00	\$400,000.00	\$800,000.00
Cumulated expenditures at the beginning of the Q3/Y 2013	\$49,341.61	\$168,124.60	\$217,466.21
Pipeline at the beginning of the Q2/Y 2013	\$350,658.39	\$231,875.40	\$582,533.79
New funds obligated	\$0.00	\$0.00	\$0.00
Total available	\$350,658.39	\$231,875.40	\$582,533.79
Expenditures for the reported Q3/ Y 2013	\$154,635.77	\$83,927.23	\$238,563.00
Pipeline at the end of the reported Q3/ Y 2013	\$196,022.62	\$147,948.17	\$343,970.79
Estimated expense burn rate for Q4	\$165,000.00	\$100,000.00	\$265,000.00
Number or quarters of pipeline remaining	1.19	1.48	1.30

VIII. Lessons Learned

In relation to the teachers' participation in the training workshops for the implementation of the Methodologies "Caring for my Health and my Life" as well as the submission, by District Offices, of a document that authorizes teachers to be absent from classrooms, PASMO must establish a mechanism to monitor directors of educational institutions to ensure that educational staff is attending capacity workshops and avert further low attendance rates of teachers in these workshops without advising the Department of Education or PASMO.

In relation to the invitation to teachers to participate in capacity workshops for the implementation of Methodologies "Caring for my Health and my Life", PASMO should request that officers from each District Office should ensure that directors of educational institutions specify that teachers are permitted to miss their classes in order to ensure that teachers attend workshops.

To guarantee that trained teachers carry out the commitment to implement Methodologies "Caring for my Health and my Life" in their classrooms, PASMO should establish a monitoring system with education institutions, in order to maintain motivation and implementation of guides in each grade (4th grade and above).

After gathered further understanding of the operation of OCs and the dynamic with their target population, it is evident that the majority of the population that access OCs and Youth Networks are adolescents and young adults who are enrolled in the formal education system. A significant percentage of this population could receive double interventions in the themes of pregnancy prevention, STIs, and HIV (in both their education institution and OC). It appears that PASMO is implemented double the activities to reach the same population. Because of this PASMO along with OCs and Youth Networks must identify other forms to reach and educate adolescents and Young adults who are not enrolled in the formal education system to more effectively reach the Project and CARSI's objectives and target populations.

IX. Key Conclusions

- It is important to maintain and strengthen relations with CARSI partners, Health and Education to continue implementing the Healthy Youth Project s and to join efforts and work for the achievement of results considering that the pregnancy prevention thematic is still an important need to be solved at medium term.
- It is important to continue strengthening the skills of the technical team and educator team in the areas of gender and educational methodologies, especially for the improvement of educational interventions with adolescents and young adults.
- PASMO is redefining the approach strategy for unschooled adolescents and young adults within the areas prioritized by the Project and CARSI, due to this population not being available at OCs, nor Juvenile Networks and this is required to ensure the achievement of objectives and results of the Healthy Youth Project.
- By means of supervision visits on clinics for the adolescent in the metropolitan region of SPS and the Northern Region of the Health Ministry, we have confirmed there is an inadequate functioning of clinics for the adolescent with the exception of Catarino Rivas and Leonardo Martinez. Which is why a greater emphasis must be made with PAIA so that clinics for the adolescent can be established in places like: Choloma, La López, La Lima, Villanueva and Cofradía, through the project they administer with UNFPA (whose aim is expand youth friendly services).

X. List of people involved in the execution of the Project

- Julio Zúniga, Country Manager
- Perla Alvarado, Program Manager
- Marco Tabora, Supervisor CCC
- Allan Palma, Responsible for Monitoring and Evaluation
- Morgan Clark, Program Technical Assistant
- Karla López, Administration Manager
- Elvin Núñez, Sales Manager
- Jorge Rivas, Research Department, PSI/PASMO/Regional

XI. Annexes

Annex 1: Monitoring and Evaluation

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 1 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 1	Year 1 Quarter I	Year 1 Quarter II	Year 1 Quarter III	Year 1 Quarter IV
Sub IR 1: Increasing knowledge on sexual and reproductive health on teenagers and young adults.									
Number of adolescent and young adults that receive comprehensive sexual and reproductive health (SRH) education in an integral manner.	Number of adolescents and young adults who received the (SRH) training program according to each age range, as well as reference to adolescent-friendly health services (AFHS) and/or health units located within the prioritized areas of the Healthy Youth Program	9,500 ⁵	Quarterly Accumulated	0		271	476	821	
Number of schooled and unschooled adolescents and young adults trained as agents of change.	Number of adolescents and young adults who have participated in a training program and have achieved a minimum of 90% on the program's final evaluation upon the following subjects: <ul style="list-style-type: none">Leadership in Communication for Behavioral Change in HealthManagement of peer education methodologyTraining in sexual and reproductive health (SRH) with emphasis on pregnancy prevention	100	Quarterly Accumulated	100		100	100	100	
Percentage of adolescents and young adults that have negative attitudes towards the perpetration of intimate partner violence (or who consider intimate partner violence as a less than acceptable act)	Percentage of adolescents and young adults who participated in the Health Youth Program who consider intimate partner violence as a socially acceptable act	N/A	End of Project (2015)	Pendiente de definir línea de base TRAC	N/A	N/A	N/A	N/A	N/A
Number of adolescent and young adults that receive comprehensive	Number of adolescents and young adults who received the (SRH) training program according to each age range, as well as reference		Quarterly Accumulated			0	0	0	

⁵The goal for year 1 is **in-school youth and adolescents- 5,700, out-of-school youth and adolescents- 3,800**

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 1 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 1	Year 1 Quarter I	Year 1 Quarter II	Year 1 Quarter III	Year 1 Quarter IV
sexual and reproductive health (SRH) education in an integral manner.	to adolescent-friendly health services (AFHS) and/or health units located within the prioritized areas of the Healthy Youth Program, in case it is required by them.								
Number of condom distribution points that are active in geographic areas prioritized by the Program.	Number of establishments (convenience stores, mini-markets, pharmacies, pool halls, etc.) opened, supervised and supplied by PASMO and/or distributors in the geographic areas of the Healthy Youth Program/PSI/PASMO.		Quarterly Accumulated			10	34	81	
Number of condoms distributed**	Number of condoms delivered to adolescent and young adults through any of the establishments (convenience stores, grocery stores, mini-markets, pharmacies, pool parlors, etc.), opened, supervised and supplied by PASMO and/or distributors within the geographic areas of the Healthy Youth Program/PSI/PASMO		Quarterly Accumulated						
Percentage of adolescents and young adults who mention at least two distribution points where condoms are accessible.	Percentage of youth and young adults who mention at least two condom distribution points. Distribution points are defined as any business (ie convenience stores, minimarkets, markets, pool halls, etc.).	N/A	End of project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents and young adults that mention the benefits of double protection (condoms and hormonal contraceptive methods).	Number of adolescents and young adults mention the following benefits of double protection: The correct and consistent use of the condom along with the use of a hormonal contraceptive method (pills, injectable contraceptives and/or intra-uterine devices) to protect from pregnancy. Correct and consistent use of the condom protects from pregnancy, HIV and STIs.	N/A	End of project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents and young adults that report perception of a personal risk of pregnancy.	<ul style="list-style-type: none"> Number of adolescents and young adults who are aware that: Having unprotected vaginal intercourse puts them at risk of pregnancy. (By protection we refer to the 	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A

Performance Monitoring Table									
Indicator	Definition (Include unit of measurement)	Year 1 goal	Data Collection Frequency	Obtained Results					
				Baseline	End of Year 1	Year 1 Quarter I	Year 1 Quarter II	Year 1 Quarter III	Year 1 Quarter IV
	correct and consistent use of any modern contraceptive method, including the condom). • That the use of modern contraceptive methods prevents pregnancy.								
Percentage of adolescents that proposed the use of a condom to their partner during their last sexual intercourse.	Number of adolescents and/or young adults that proposed condom use to their partner during his/her last sexual intercourse to prevent pregnancy and/or HIV/STIs.	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents and Young adults that used a modern contraceptive method during their last sexual intercourse.	Percentage of adolescents and young adults their last sexual intercourse means having used oral contraceptives, injectable contraceptives, condom and/or intra-uterine devices.	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents that delay their sexual debut.	Percentage of adolescents have not yet initiated any sexual relationship.	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Percentage of adolescents that had vaginal intercourse in the last year.	Percentage of adolescents had vaginal sexual intercourse in the twelve months preceding the day of the survey.	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A
Number of pregnant women aged 19 or less during the last year.	Number of women at the time of the survey, report being pregnant with confirmation of the health personnel.	N/A	End of Project (2015)	Awaiting base line definition with TRAC.	N/A	N/A	N/A	N/A	N/A

** Information on number of condoms distributed will be reported in the Project's final fiscal quarter.

Annex 2: Subjects by Grade on the “Caring for my Health and my Life” Methodology Guidelines.

GRADE	COURSE	SUBJECT/ACTIVITY	OBJECTIVE/GOAL EXPECTATIONS
Fourth	Social Studies	My life project.	<ul style="list-style-type: none"> They compare local history with other histories to discover possibilities and modifications to be made.
	Science	Responsible procreation.	<ul style="list-style-type: none"> They learn that the ovary is the specialized cell provided by the female gender and that spermatozoids are the cells provided by the male. They establish certain differences between ovaries and sperm cells.
	Spanish	More alike than different.	<ul style="list-style-type: none"> They identify, analyze and delete discriminatory, devaluating, sexist, ethnical and socio-cultural manifestations within the family dialogue and other discursive concepts.
	Math	Math and life.	<ul style="list-style-type: none"> They solve real life problems using fractions.
	Physical Education	My friends, the ball and the adversaries.	<ul style="list-style-type: none"> They overcome socially discriminatory stereotypes associated with gender, ethnic groups, religion and others. They learn to value their personal identity.
Fifth	Social Studies	Communication media and sexual models.	<ul style="list-style-type: none"> They show a comprehensive and critical attitude towards spoken traditions, massive communications media and their impact on society's knowledge.
	Science	Human reproduction.	<ul style="list-style-type: none"> They describe the process of human reproduction.
		Knowing more about me.	<ul style="list-style-type: none"> They describe male and female reproduction organs.
	Spanish	Communication and assertiveness.	<ul style="list-style-type: none"> They learn to develop an adequate communication within the varied contexts and everyday situations while respecting interchanging turns when performing different roles.
Sixth	Math	Graph representation and HIV and AIDS awareness.	<ul style="list-style-type: none"> They organize and represent statistical information on linear graphs.
	Social Studies	Being a man, being a woman.	<ul style="list-style-type: none"> To value our own ludic time and space and others'.

GRADE	COURSE	SUBJECT/ACTIVITY	OBJECTIVE/GOAL EXPECTATIONS
	Science	Responsible fathers and mothers.	<ul style="list-style-type: none"> To define fatherly and motherly responsibilities on human reproduction.
		Betting on the STD's roulette.	<ul style="list-style-type: none"> To identify common sexual transmitted disease symptoms.
	Spanish	Letter to my teacher.	<ul style="list-style-type: none"> To write different types according to different objectives and attending different textual structures.
	Math	Math and life.	<ul style="list-style-type: none"> To solve real-life problems that involve decimal numbers operations.
	Physical Education	We solve problems in attacking stance and defensive stance.	<ul style="list-style-type: none"> To strengthen cooperative work roles by means of the game. Assigning individual and/or group tasks with regards to their classmates.
Seventh	Social Studies	Let's talk about the family.	<ul style="list-style-type: none"> They analyze the family plan as an essential ingredient for the development of each human being. They analyze family structure characteristics and their modalities in Honduras.
		Dating.	<ul style="list-style-type: none"> They show the set of values that must orient dating.
	Science	Sexual transmitted diseases.	<ul style="list-style-type: none"> They describe the main sexual transmitted diseases, symptoms, transmission types and prevention.
		What do I know about HIV and AIDS?	<ul style="list-style-type: none"> They prevent HIV and AIDS and help their families and friends to prevent it by sharing useful information.
		How do I protect myself?	<ul style="list-style-type: none"> They prevent HIV and AIDS and help their families and friends to prevent it by sharing useful information.
	Math	HIV, AIDS and statistics.	<ul style="list-style-type: none"> They describe and analyze statistical information organized in pie graphs.
	Spanish	How to communicate.	<ul style="list-style-type: none"> They express their messages with clarity and coherence in the use of formal discursive contexts.
		Life goals	<ul style="list-style-type: none"> They develop abilities for the preparation and execution of interviews.
	Physical Education	Moves and rhythms for both genders.	<ul style="list-style-type: none"> To improve coordination, executing every-day exercises on posture, corporal attitude and basic gymnastics with dexterity, ability and confidence.

GRADE	COURSE	SUBJECT/ACTIVITY	OBJECTIVE/GOAL EXPECTATIONS
Eight	Social Studies	Acknowledging values.	<ul style="list-style-type: none"> They acknowledge the family's fundamental role in the value formation process which will determine the individual's behavior as a social being. They establish the relevance of value existence and practice as a basis for a true social cohabitation.
		I act responsibly.	<ul style="list-style-type: none"> They understand and execute their ability to make decisions that will guide their human actions.
	Science	What is HIV? What is AIDS?	<ul style="list-style-type: none"> They identify the immunological system's function. They develop pan integrated concept on AIDS, its origin and its consequences.
		HIV and AIDS in Honduras and the world.	<ul style="list-style-type: none"> They develop pan integrated concept on AIDS, its origin and its consequences.
		Solidarity, HIV and AIDS.	<ul style="list-style-type: none"> They develop pan integrated concept on AIDS, its origin and its consequences.
	Spanish	Everyday realities.	<ul style="list-style-type: none"> They learn and apply different types of description and narration techniques as basic components of our everyday communication.
		Non-offending vocabulary	<ul style="list-style-type: none"> They avoid in their textual productions the use of linguistic expressions that manifest discriminatory attitudes towards individuals, social groups or populations, especially those that make evidence of abuse of power, sexism, racism or any other form of social margining.
	Math	Statistical Graphs on HIV and AIDS.	<ul style="list-style-type: none"> They present real-life data on a histogram and a frequency polygon.
	Physical Education	Everyone wins.	<ul style="list-style-type: none"> They apply technical and tactical game basics of selected sports as a preparation for competition.

GRADE	COURSE	SUBJECT/ACTIVITY	OBJECTIVE/GOAL EXPECTATIONS
Ninth	Social Studies	My life project.	<ul style="list-style-type: none"> They understand the importance of the life Project as a necessary medium in the search for human and professional development.
	Science	Teen pregnancy.	<ul style="list-style-type: none"> They prevent pregnancies while on adolescence.
		Sexuality.	<ul style="list-style-type: none"> They conceive sexuality as a basic need for the human being, inherent to its individual development and its social life. They identify the reproductive and affective functions. They accept and respect both genders' social equality and their affective and reproductive complementation through sexuality.
		Responsible Fatherhood and Motherhood.	<ul style="list-style-type: none"> They describe the main methods of family planning.
	Spanish	Advertisements invite me to...	<ul style="list-style-type: none"> They analyze advertising critically on its different expressions in communication media.
	Math	Probability and risky behavior.	<ul style="list-style-type: none"> They intuitively develop the concept of probability for events and situations in their environment.
	Physical Education	The Sporty Family.	<ul style="list-style-type: none"> They apply the technical and tactical basics and physical elements of the practiced sport in search of results or according to the identified sports orientation.